








# SunSmart Resource Catalogue for GPs and Health Professionals

We offer a series of resources to educate the public on sun safety importance, the danger of UV exposure, and how to use skin cancer prevention tools every day. This information was developed alongside health professionals, subject experts, and people affected by cancer.

Thanks to our supporters' generosity the resources are free—please consider this when placing your order. To order Cancer Council SA printed resources:

- Visit [cancersa.org.au/cancer-a-z/resource-order-form/](http://cancersa.org.au/cancer-a-z/resource-order-form/)
- Email [resourceorders@cancersa.org.au](mailto:resourceorders@cancersa.org.au)
- Call Cancer Council 13 11 20

Recommended resources for GPs and Health Professionals	
	<p><b>SunSmart App and UV Alert widget</b></p> <p>Download the free SunSmart app and UV widget for daily sun protection times for your location each day.</p> <p><a href="http://sunsmart.org.au">sunsmart.org.au</a></p>
	<p><b>'Are you SunSmart?' poster</b></p> <p>A great poster for your practice featuring the five ways to be SunSmart when outdoors (420mm high x 200mm wide).</p>
	<p><b>'Think UV, not heat' poster</b></p> <p>It's a common myth that skin damage only happens on hot or sunny days. This poster reminds us to check the UV regardless of the season (420mm high x 200mm wide).</p>
	<p><b>'How to check for skin cancers' poster</b></p> <p>This A3 poster features photos of what to look for when checking the skin. It showcases images of skin cancers and sun damaged skin.</p>
	<p><b>'Checked your skin lately?' poster</b></p> <p>This A3 poster reminds your patients to check their skin regularly for any new spots or spots that have changed.</p>

	<p><b>‘Understanding Melanoma’ booklet</b></p> <p>A comprehensive guide for people with melanoma, their families, and friends.</p>
	<p><b>‘Understanding Skin Cancer’ booklet</b></p> <p>A comprehensive guide for people with skin cancer, their families, and friends.</p>
	<p><b>‘How to check for skin cancers’ tear off pad</b></p> <p>This flyer features pictures of what to look for when checking the skin. Available as a tear off pad of 50 sheets, suitable for use by health professionals.</p>
	<p><b>‘SunSmart on the go’ flyer</b></p> <p>A two-sided DL flyer showing how to be SunSmart on the go by downloading our free SunSmart app and checking the UV regardless of the season.</p>
	<p><b>‘UV radiation and skin cancer prevention’ brochure</b></p> <p>An introductory brochure on how UV radiation causes skin cancer and how best to protect your patient’s skin.</p>
	<p><b>‘How much sun is enough?’ brochure</b></p> <p>This information brochure focuses on the importance of the balance between sun exposure for vitamin D production and being SunSmart.</p>
	<p><b>‘10 myths about sun protection’ brochure</b></p> <p>Myths such as “people with olive skin are not at risk of skin damage” can put people at risk of skin damage, and skin cancer. This brochure busts 10 common skin myths in our local community.</p>
	<p><b>‘Sun protection for babies and toddlers’ brochure</b></p> <p>Damage to children’s skin begins with their first exposure to sunlight, and it damages far more easily than adults’ skin. This brochure provides important information on how to protect babies and toddlers.</p>

For more SunSmart information or to download these resources visit [sunsmart.org.au](https://sunsmart.org.au)

**Cancer Council SA**  
 PO Box 929 Unley BC  
 South Australia 5061

**t** 08 8291 4111  
**f** 08 8291 4268  
**e** [sunsmart@cancersa.org.au](mailto:sunsmart@cancersa.org.au)

Further information can be  
 found at [sunsmart.org.au](https://sunsmart.org.au)  
 or contact Cancer Council on  
**13 11 20**

